What is claimed is:

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- 1. A processing device, comprising:
 - a processing chamber;
- a shower head structure, installed at a ceiling portion of the processing chamber, having a plurality of gas jetting holes formed on a gas jetting surface to inject a processing gas into the processing chamber, the gas jetting surface facing toward an inside of the processing chamber; and
 - a mounting table installed in the processing chamber to face toward the shower head structure,

head distance between the gas jetting wherein a surface and the mounting table and a gas jetting velocity from the gas jetting holes are restricted to be within an area in a plane coordinates system having the head distance as a horizontal axis and the gas jetting velocity as a vertical axis, the area being surrounded by a quadrilateral shape formed by straight lines connecting four points including a point where the gas jetting velocity is 32 m/sec and the head distance is 15 mm; a point where the gas jetting velocity is 67 m/sec and the head distance is 15 mm; a point where the gas jetting velocity is 40 m/sec and the head distance is 77 mm; and a point where the gas jetting velocity is 113 m/sec and the head distance is 77 mm.

2. The device of claim 1, wherein the gas jetting holes of the gas jetting surface is formed in a forming area of a circular shape and an object to be processed loaded on the mounting table is also formed of a circular shape.

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- 3. The device of claim 2, wherein a diameter of the forming area of the gas jetting holes in the gas jetting surface is set to be equal to or smaller than a diameter of the object to be processed.
- 4. The device of claim 3, wherein the diameter of the forming area of the gas jetting holes in the gas jetting surface is 70% to 100% of the diameter of the object to be processed.
- 5. The device of one of claims 1 to 4, wherein the processing gas contains ozone for reforming a metal oxide film formed on a surface of the to-be-processed object.
- 6. The device of claim 5, wherein the metal oxide film is a tantalum oxide film.
- 7. A processing method for processing an object to be processed by using a processing apparatus including a processing chamber; a shower head structure, installed at a

ceiling portion of the processing chamber, having a plurality of gas jetting holes formed on a gas jetting surface thereof to inject a processing gas into the processing chamber, the gas jetting surface facing toward an inside of the processing chamber; and a mounting table installed in the processing chamber to face toward the shower head structure, the method comprising the steps of:

restricting a head distance between the gas jetting surface and the mounting table and a gas jetting velocity from the gas jetting holes to be within an area in a plane coordinates system having the head distance as a horizontal axis and the gas jetting velocity as a vertical axis, the area being surrounded by a quadrilateral shape formed by straight lines connecting four points including a point where the gas jetting velocity is 32 m/sec and the head distance is 15 mm; a point where the gas jetting velocity is 67 m/sec and the head distance is 15 mm; a point where the gas jetting velocity is 40 m/sec and the head distance is 77 mm; and a point where the gas jetting velocity is 113 m/sec and the head distance is 77 mm;

loading the object to be processed on the mounting table; and

introducing the processing gas through the gas jetting holes into the processing chamber.

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- 8. The method of claim 7, wherein the processing gas contains ozone for reforming a metal oxide film formed on a surface of the object to be processed.
- 5 9. The method of claim 8, wherein the metal oxide film is a tantalum oxide film.